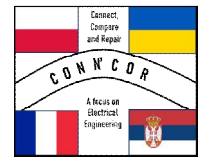




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# Report on the Workshop on Coaching techniques supporting effective communication in international projects

Monday, 16<sup>th</sup> of December 2024 (9:00 – 12:00)

*Elaborated by Jarosław Makal, PhD. Eng.*

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*Białystok, 20<sup>th</sup> of December 2024*

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WP2: Strengthening the coherence of teaching on a certain set of subjects

Activity 2.1: Training of teachers for teamwork.

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**1. Introduction:** On 16, December 2024, an international workshop on team collaboration among teachers was held, with participants from four partners of the project CONN'COR: CentraleSupélec, University of Nis, Lviv Polytechnic National University and Bialystok University of Technology. The aim of the workshop was to develop teamwork skills, exchange experiences, and establish common strategies for effective collaboration. The workshops were led by Aleksandra Gulc, PhD and Anna Kononiuk, PhD (both from BUT)), and 18 people participated in them (7 from UNI, 6 from LPNU, 1 from CS, 4 from BUT) plus one providing technical support (Magda Wasilewska from BUT). All activities were done on-line except a few tasks that the partners' teams elaborated face-to-face in the home rooms.

The content of the meeting was divided into following items: Introduction to coaching, Coaching tools enhancing communication with teams: Dilt's pyramid, Six thinking hats, Wheel of competences, Summary.

**2. Workshop Objectives:** In the frame of this workshop the objectives: strengthening teamwork skills, exchanging best practices among teachers from different countries, developing communication and organizational skills, were planed and realised.

**3. Methodology:** The workshop consisted of a short theoretical sessions, moderated discussions and practical exercises performed in groups. The Mentimeter tool was also used to provide participants with answers to the questions asked. Before and after the workshop, evaluation surveys were conducted to assess participants' expectations and their opinions on the content and effectiveness of the sessions. The surveys were not mandatory and participants were only asked to complete them.

**4. Pre-Workshop Survey Results:** The pre-workshop survey aimed to examine participants' expectations and their level of knowledge about teamwork. Out of 18 participants, 14 people completed the survey.

What motivated you to participate in this workshop?



Fig.1. The graph shows the number and types of responses regarding the motivation of workshop participants

What are your knowledge and skills concerning the following areas of the workshop

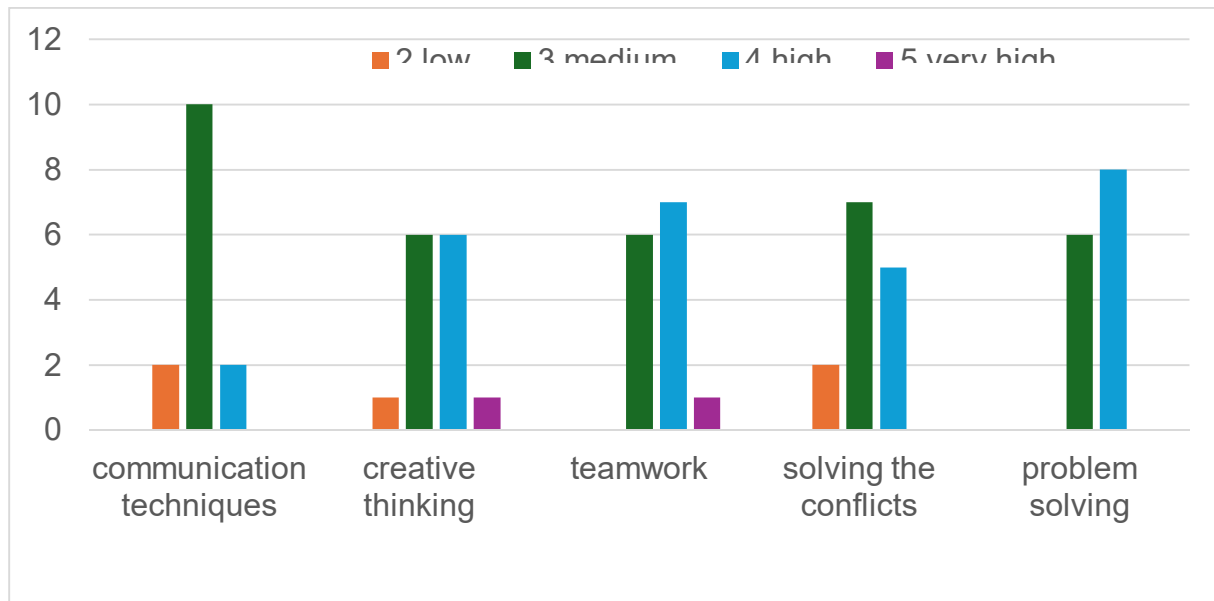


Fig.2. Presentation of numbers of participants' answers in pre- self-evaluation about the knowledge and skills in the indicated areas.

- about 50% of participants rated their teamwork skills as average,
- 71% as average in communication techniques,
- 64% as average in assertiveness,
- 43% as average and the same as high in creative thinking,
- 50% as average in conflict solving,
- 43% as average in problem solving,

The mean value of pre- self-assessment of the knowledge and skills in the indicated areas

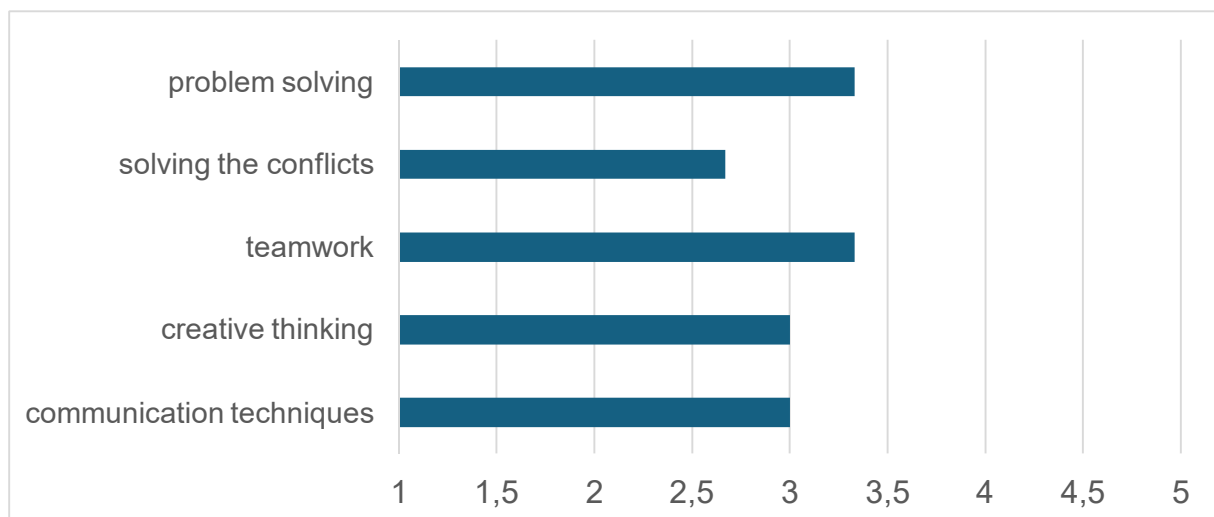


Fig.3. Presentation of the mean value of participants' self-evaluation about the knowledge and skills in the indicated areas before the workshop (1-very low, 5 – very high).

**5. Post-Workshop Survey Results:** After the workshop, a summary survey was conducted, in which 100% of participants expressed satisfaction with the course, content, and format of the workshop. Also 14 people completed the survey.

- 100% of participants stated that the topic of the workshop was interesting,
- 100% rated the workshop was well-organized,
- 100% stated that the knowledge and skills acquired during the workshop will be useful in teamwork,
- 100% did not have any technical problems during the online workshop,
- 100% stated that they acquired new knowledge and skills that support effective communication.

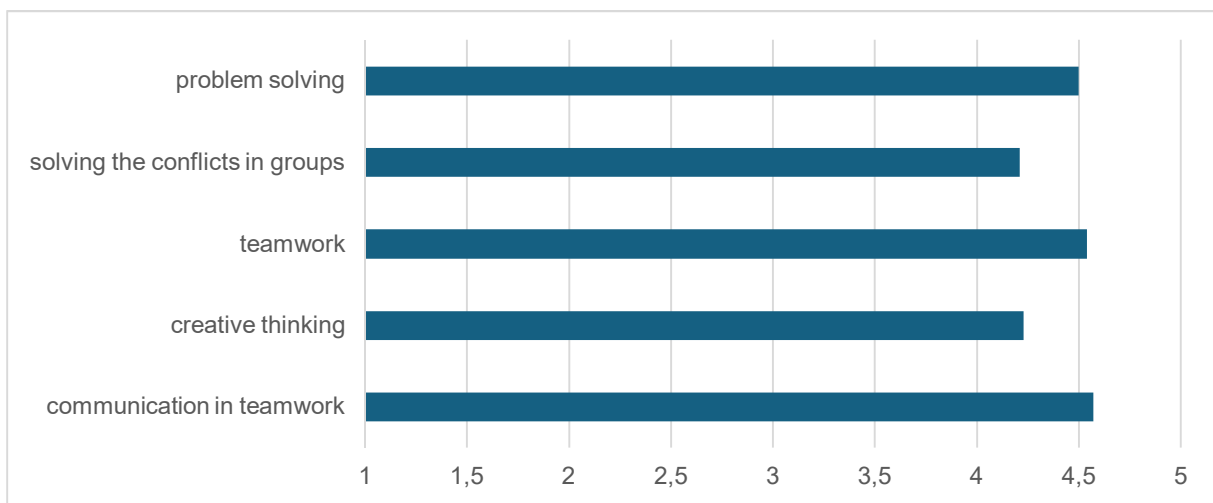


Fig.4. Presentation of the mean value of participants' self-evaluation about the knowledge and skills in the indicated areas after the workshop (1-very low, 5 – very high).

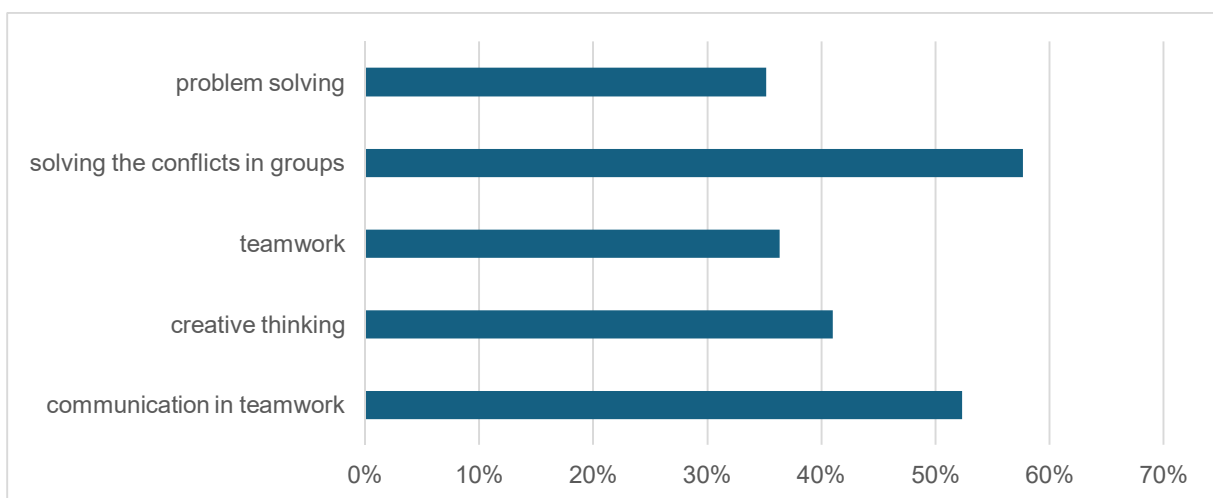
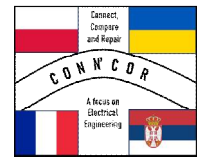


Fig. 5. Increase (%) in knowledge and skills based on self-assessment of workshop participants after its completion.



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**6. Conclusions and Recommendations:** The workshops conducted by two trainers proved to be interesting and very useful. A short theoretical introduction was necessary to perform practical tasks and present their results to all participants. The increase in knowledge and skills in teamwork declared in the post-workshop survey confirmed the purposefulness of planning and carrying out this workshop.

**7. Acknowledgements:** We thank all participants and organizers for their commitment and contribution to the success of the workshop.

**8. Technical remarks:** The workshop was recorded and its recording will be placed on the project website. Each project partner prepared a list of the own team's attendance, which they scanned and sent to the coordinator. All participants received certificates confirming their participation in this event.

## 9. Attachments

- Detailed surveys' results.
- Presentations from training sessions.